

HOW TO MAKE WHOLE30 APPROVED

Egg Casserole

YOU WILL NEED

1 dozen eggs

1 red pepper

1 green pepper

2-3 Yukon Gold Potatoes, shredded

Sausage, any kind you prefer

HOW TO MAKE IT

Put the sausage in a pan & cook until brown. Drain.

Cut up red & green pepper. Shred potatoes. Mix together.

Add veggie mix to sausage & cook until tender.

Scramble eggs. Salt & pepper to taste.

In 9X13 casserole dish, pour veggie & sausage mix and spread out. Pour eggs & spread.

Cook at 350 degrees for 30 minutes or until eggs are dry.



PRO TIP

Not a pepper fan? Add whatever veggies you want! Mushrooms, broccoli, onions & tomatoes are fair game.